



For Immediate Release
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Vermont Medical Society Annual Meeting: Bringing Clinician-Led Solutions to Healthcare and Joy Back to Practice

Stowe, Vt. (Nov. 11, 2025) – The Vermont Medical Society (VMS) physician and physician assistant members met this month for the 212th VMS Annual meeting at Topnotch Resort in Stowe, Vermont. Hosted in partnership with the American Academy of Pediatrics Vermont Chapter, the Vermont Academy of Family Physicians, and the Vermont Psychiatric Association, this meeting included topics focused on how to build trust in untrusting times, AI's role in medicine, how to move beyond moral injury to find joy in practice, and clinician-led health care improvement. During the meeting, VMS members elected a new slate of Society officers and honored 2025 VMS Leadership awardees.

VMS members elected a new slate of officers for 2025-2026 and named as the new VMS President **Naiim Ali, M.D.**, diagnostic radiologist at UVMMC, **Lauren MacAfee, M.D.**, Director of the Division of General Obstetrics and Gynecology at UVMMC as President-Elect; and **Kimberley Sampson, M.D.**, obstetrician/gynecologist and obesity and lifestyle medicine specialist at Dartmouth Health in Bennington, as Vice-President. [Click for the full press release: Vermont Medical Society Taps New Officers.](#)

VMS members also recognized five individuals who have made outstanding contributions to the health and well-being of Vermonters and the nation during the past year. **Barbara Dalton, M.D.**, family physician at Springfield Health Center, received the **Vermont Medical Society's 2025 Distinguished Service Award**. **Whitney Caulkins, M.D.**, family physician at UVMMC, received the **Vermont Medical Society's 2025 Physician of the Year Award**. **Sujata Singh, M.D.**, pediatric ophthalmologist at UVMMC and associate professor at the UVM

Larner College of Medicine, received the **Vermont Medical Society's 2025 Physician Award for Community Services**. **Meredith Plumpton, R.N.**, Vermont Immunization Program Manager at the Department of Health was awarded the **Vermont Medical Society's 2025 Citizen of the Year Award**. **Lisa Catapano-Friedman, M.D.**, psychiatrist and medical director of the Memory Clinic in Bennington received the **Vermont Medical Society's 2025 Founder's Award**. [Click for the full press release: Vermont Medical Society Honors Outstanding Service 2025](#).

The VMS Education and Research Foundation also announced its annual scholarship to a medical student who is committed to practicing medicine in Vermont and caring for the health of Vermonters. This year the \$10,000 **Dr. Mildred Reardon Scholarship** was awarded to Larner College of Medicine at the University of Vermont student **Ian Strohbehn**. The scholarship program was created to encourage young physicians to return to Vermont after completing their residency training and is named in honor of Dr. Reardon, a former faculty member at the Larner College of Medicine at UVM and past-President of VMS. [Click for the full press release: Vermont Medical Society Foundation Awards Scholarship to UVM Larner College of Medicine Student](#).

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About the Vermont Medical Society: The Vermont Medical Society is the leading voice of physicians in the state and is dedicated to optimizing the health of all Vermonters and the health care environment in which Vermont physicians and physician assistants practice medicine. The Society serves its 3,100 members through public policy advocacy on the state and federal levels, as well as by providing legal, administrative and educational support, producing a rich flow of news and information and offering member benefits that increase medical practice effectiveness and efficiency. For more information, visit www.VTMD.org.